



# The 8th Asian Congress of Dietetics

Realizing a sustainable healthy society for a bright future in Asia

– Responding to modern problems and confusion in nutrition information –

**ACD2022**

## **Yokohama Declaration**

We are holding “The 8th Asian Congress of Dietetics” in Yokohama on 19-21 August 2022 with the main theme “Realizing a sustainable healthy society for a bright future in Asia” in the midst of the Corona crisis. Based on the discussions at the Congress, we hereby present the “Yokohama Declaration on Dietetics”, wishing everyone health, happiness, and peace.

1. Nutrition is the foundation for achieving the SDGs, not only in health, but also in education, labor, gender, the economy, and the environment.
2. The elimination of malnutrition is essential for the health and well-being of all people.
3. Eliminating malnutrition will require sustainable nutritional improvements as well as emergency food and economic assistance.
4. To promote science-based nutritional improvement, nutritional science should develop practical research.
5. Education and training of dietitians as leaders in nutritional improvement and the establishment and development of a dietetic system in line with international standards are also important.
6. In order to achieve the above objectives, further Asian and international cooperation and collaboration will be necessary in the future.

Organizer



Co-Organizer



August 19 - 21, 2022  
Yokohama, Japan